

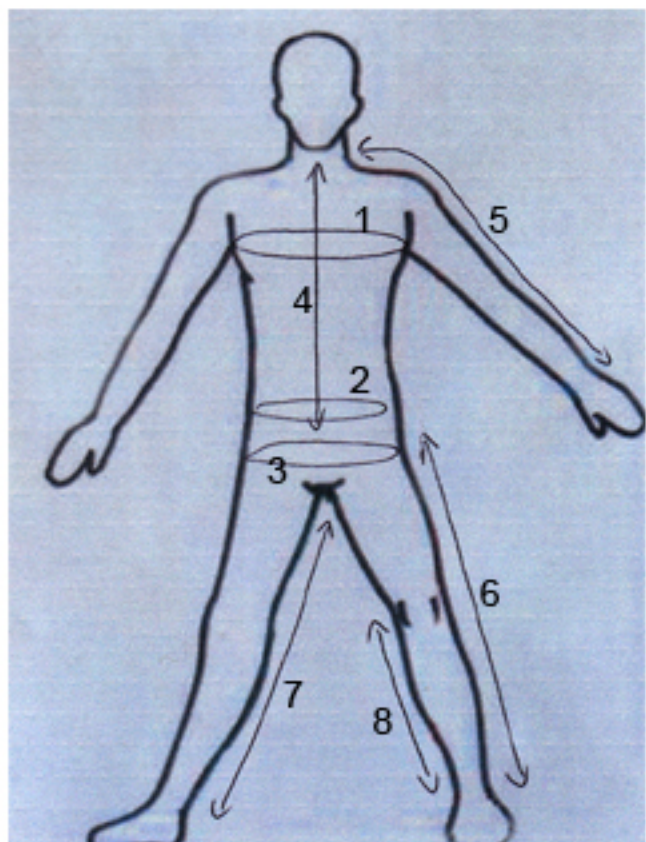
# ALM Measurement Chart

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_



1-Chest: \_\_\_\_\_

2-Waist: \_\_\_\_\_

3-Hips: \_\_\_\_\_

4-Back: \_\_\_\_\_

5-Arm length: \_\_\_\_\_

6-Waist to ankle: \_\_\_\_\_

7-Inseam: \_\_\_\_\_

8-knee to ankle: \_\_\_\_\_

Height: \_\_\_\_\_

Weight: \_\_\_\_\_

- Competition
- Semi Competition
- Training

- Regular Cut
- Kimono Cut